



Client Rights

- ❖ **You have the right not to be abused.**
- ❖ **You have the right to be treated with dignity and respect.**
- ❖ **You have the right to choose to change the situation.**
- ❖ **You have the right to request and expect assistance from police and social service agencies.**
- ❖ **You have the right to share feelings and not be isolated from others.**
- ❖ **You have the right to be listened to and taken seriously.**
- ❖ **You have the right to say no without feeling guilty.**
- ❖ **You have the right to ask for what you want.**
- ❖ **You have the right to ask for information from professionals.**
- ❖ **You have the right to change your mind.**
- ❖ **You have the right to say "I don't understand" or "I don't know."**
- ❖ **You have the right to change and grow.**
- ❖ **You have the right to decide when to be assertive.**

- ❖ You have the right to receive services regardless of your race, religion, sexual orientation, gender identity, age, disability, political belief, or national origin.
You will never be denied support based on your personal beliefs or background.
- ❖ You have the right to choose whether or not to participate in any faith-based or spiritual services.
- ❖ While Her Well is a Christian organization, prayer, Scripture, and spiritual conversations are always optional and offered only with your permission.

I give myself these rights.

No one can give them to me or take them away from me.

I have the responsibility of recognizing that everyone else has these rights as well.